

MAY | 2023

High School Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>1 Chicken Patty Sandwich OR Fish Sandwich Lettuce, Tomato, Onion, Pickles Crinkle Cut Fries, Baked Beans Celery with Dip Peach Cups Frozen Sidekicks Milk</p>	<p>2 3,4 or 5 Way Chili Spaghetti Oyster Crackers, Kidney Beans Shredded Cheese, Diced Onions Glazed Carrots Garden Salads Pear Cups Fresh or Dried Fruit Milk</p>	<p>3 Oven Roasted Chicken OR Salisbury Steak Mashed Potatoes with Gravy Dinner Roll, Green Beans Cucumbers with Dip Pineapple Tidbits Strawberry or Mixed Berry Cups Milk</p>	<p>4 General Tso's Chicken OR Hunan Orange Chicken Brown Rice Steamed Broccoli Carrots with Dip Mandarin Oranges Fresh or Dried Fruit Milk</p>	<p>5 Grilled Cheese OR Cheesy Flatbread Tomato Soup, Oyster Crackers Pickle Spears Garden Salads Applesauce Cups Strawberry or Mixed Berry Cups Milk</p>
<p>8 Cheese Pizza OR Pepperoni Pizza Steamed Broccoli Garden Salads Carrots and Celery with Dip Peach Cups Frozen Sidekicks Milk</p>	<p>9 Hot Dog OR Cheese Coney Curly Fries Green Beans Garden Salads Cucumbers with Dip Pear Cups Fresh or Dried Fruit Milk</p>	<p>10 Pepperoni Calzone OR Cheese Bites with Marinara Glazed Carrots Garden Salads Pineapple Tidbits Strawberry or Mixed Berry Cups Milk</p>	<p>11 Steak Hoagie OR Chicken Nuggets Mac & Cheese Baked Beans Corn Mandarin Oranges Fresh or Dried Fruit Milk</p>	<p>11 Mini Strawberry Cream Bagels OR Mini Cinnamon Rolls Scrambled Eggs Tater Tots Veggie Boats with Dip Baked Apples Strawberry or Mixed Berry Cups Milk</p>
<p>15 Mini Corn Dogs OR Hot Dog Mac & Cheese Corn Carrots with Dip Peach Cups Frozen Sidekicks Milk</p>	<p>16 Hamburger OR Cheeseburger Lettuce, Tomato, Onion, Pickles Crinkle Cut Fries, Green Beans Garden Salads Pear Cups Fresh or Dried Fruit Milk</p>	<p>17 Two Chicken Drumsticks with Dinner Roll OR Turkey/Ham & Cheese Sub Mashed Potatoes and Gravy Green Beans Strawberry or Mixed Berry Cups Milk</p>	<p>18 Beef Nachos OR Soft Taco Brown Rice, Salsa, Sour Cream Black Beans, Corn Mexican Salads Mandarin Oranges Fresh or Dried Fruit Milk</p>	<p>19 Mini French Toast OR Mini Waffles Scrambled Eggs Tater Tots Veggie Boats with Dip Baked Apples Strawberry or Mixed Berry Cups Milk</p>
<p>22 Exam Week Lunch will not be served</p>	<p>23</p>	<p>24</p>	<p>25</p>	<p>26</p>
<p>29 Memorial Day No School</p>	<p>30</p>	<p>31</p>	<p>1</p>	<p>2</p>

News

Alternate Meal Options

Milk and choice of fruits and vegetables offered daily with all alternate meal options

PB&J Grab & Go

PB & J Uncrustable, cheese stick and Goldfish crackers

Yogurt Grab & Go

Yoplait yogurt, cheese stick, Goldfish crackers and pretzels

Turkey or Ham Lunchable

Turkey or ham, cheese cubes, Goldfish crackers and pretzels

Chef Salad

Turkey or ham, hard-boiled egg, romaine, cucumbers, tomatoes, Goldfish crackers and pretzels

Buffalo or Plain Chicken Wrap

Meat options not offered on Fridays

Menu subject to change by product availability

This institution is an equal opportunity employer

**HAVE A GREAT
SUMMER!**