



MARCH | 2023

High School Lunch Menu

MONDAY

27 Fiestada Pizza
OR Chicken/Cheese Quesadilla
Salsa, Sour Cream
Corn, Refried Beans
Cucumbers with Dip
Peach Cups
Frozen Sidekicks
Milk

6 Chicken Patty Sandwich
OR Fish Sandwich
Lettuce, Tomato, Onion, Pickles
Crinkle Cut Fries, Baked Beans
Celery with Dip
Peach Cups
Frozen Sidekicks
Milk

13 Cheese Pizza
OR Pepperoni Pizza
Steamed Broccoli
Garden Salads
Carrots and Celery with Dip
Peach Cups
Frozen Sidekicks
Milk

20 Mini Corn Dogs
OR Hot Dog
Mac and Cheese
Corn
Carrots with Dip
Peach Cups
Frozen Sidekicks
Milk

27 Fiestada Pizza
OR Chicken/Cheese Quesadilla
Salsa, Sour Cream
Corn, Refried Beans
Cucumbers with Dip
Peach Cups
Frozen Sidekicks
Milk

TUESDAY

28 Chicken Tenders
OR Fish Sticks
Mac and Cheese
Celery with Dip, Green Beans
Mini Biscuit
Pear Cups
Fresh or Dried Fruit
Milk

7 3, 4, or 5 Way Chili Spaghetti
Kidney Beans, Oyster Crackers
Shredded Cheese, Onions
Glazed Carrots
Garden Salads
Pear Cups
Fresh or Dried Fruit
Milk

14 Hot Dog
OR Cheese Coney
Curly Fries
Green Beans
Cucumbers with Dip
Pear Cups
Fresh or Dried Fruit
Milk

21 Hamburger
OR Cheeseburger
Lettuce, Tomato, Onion, Pickles
Crinkle Cut Fries, Green Beans
Garden Salads
Pear Cups
Fresh or Dried Fruit
Milk

28 Chicken Tenders
OR Fish Sticks
Mac and Cheese
Celery with Dip, Green Beans
Mini Biscuit
Pear Cups
Fresh or Dried Fruit
Milk

WEDNESDAY

1 Spaghetti with Meat Sauce
OR Chicken Alfredo
Garlic Breadstick
Glazed Carrots
Garden Salads
Pineapple Tidbits
Strawberry or Mixed Berry Cups
Milk

8 Oven Roasted Chicken
OR Salisbury Steak
Mashed Potatoes with Gravy
Green Beans, Dinner Roll
Cucumbers with Dip
Pineapple Tidbits
Strawberry or Mixed Berry Cups
Milk

15 Rotini and Meat Sauce
with Garlic Breadstick
OR Cheese Bites with Marinara
Glazed Carrots
Garden Salads
Pineapple Tidbits
Strawberry or Mixed Berry Cups
Milk

22 Two Chicken Drumsticks
with Dinner Roll
OR Turkey/Ham & Cheese Sub
Mashed Potatoes and Gravy
Green Beans
Strawberry or Mixed Berry Cups
Milk

29 Spaghetti with Meat Sauce
OR Chicken Alfredo
Garlic Breadstick
Glazed Carrots
Garden Salads
Pineapple Tidbits
Strawberry or Mixed Berry Cups
Milk

THURSDAY

2 Beef and Cheddar Sandwich
OR Pulled Pork BBQ Sandwich
Curly Fries
Steamed Broccoli
Coleslaw
Mandarin Oranges
Fresh or Dried Fruit
Milk

9 General Tso's Chicken
OR Hunan Orange Chicken
Brown Rice
Steamed Broccoli
Carrots with Dip
Mandarin Oranges
Fresh or Dried Fruit
Milk

16 Steak Hoagie
OR Chicken Nuggets
Mac and Cheese
Baked Beans
Corn
Mandarin Oranges
Fresh or Dried Fruit
Milk

23 Early Dismissal
No Lunch Served

30 Beef and Cheddar Sandwich
OR Pulled Pork BBQ Sandwich
Curly Fries
Steamed Broccoli
Coleslaw
Mandarin Oranges
Fresh or Dried Fruit
Milk

FRIDAY

3 Mini French Toast
OR Mini Waffles
Scrambled Eggs
Tater Tots
Veggie Boats with Dip
Baked Apples
Strawberry or Mixed Berry Cups
Milk

10 Grilled Cheese
OR Cheesy Flatbread
Tomato Soup, Oyster Crackers
Pickle Spear, Garden Salads
Veggie Boats with Dip
Applesauce
Strawberry or Mixed Berry Cups
Milk

17 No School

24 Pizza Crunchers
OR Mini Cheese Calzones
Marinara Sauce
Steamed Broccoli
Veggie Boats with Dip
Applesauce Cups
Strawberry or Mixed Berry Cups
Milk

31 Mini French Toast
OR Mini Waffles
Scrambled Eggs
Tater Tots
Veggie Boats with Dip
Baked Apples
Strawberry or Mixed Berry Cups
Milk

News

Alternate Meal Options

Milk and choice of fruits and vegetables offered daily with all alternate meal options

PB&J Grab & Go

PB & J Uncrustable, cheese stick and Goldfish crackers

Yogurt Grab & Go

Yoplait yogurt, cheese stick, Goldfish crackers and pretzels

Turkey or Ham Lunchable

Turkey or ham, cheese cubes, Goldfish crackers and pretzels

Chef Salad

Turkey or ham, hard-boiled egg, romaine, cucumbers, tomatoes, Goldfish crackers and pretzels

Buffalo or Plain Chicken Wrap

Meat options not offered on Fridays

Menu subject to change by product availability

This institution is an equal opportunity employer