

JANUARY 2020

High School Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1	Pulled Pork OR Pulled Chicken Sandwich Waffle Fries Baked Beans Kale Slaw Applesauce Fresh Fruit Milk	3 Pizza Crunchers OR Individual Cheese Pizza Steamed Broccoli Garden Salad Mandarin Oranges Fresh Fruit Milk
6 Chicken Patty Sandwich OR Hamburger/Cheeseburger Seasoned Potatoes Carrots/Celery with Dip Diced Peaches Frozen Sidekick Milk	Pancakes, Cheese Omelet Sausage Saisa Smile Fries Baked Apples Fresh Fruit Milk	8 Open Face Roast Beef OR Sliced Turkey with Gravy Mashed Potatoes Corn Garden Salad Pineapple Tidbits Fresh Fruit Milk	9 Chili Dog, Hot Dog OR Meatball Sub Sandwich Potato Wedges Veggie Boat Applesauce Fresh Fruit Milk	10 3 Cheese Cavatappi OR Cheese Raviolis with Marinara Green Beans Broccoli with Dip Garden Salad Mandarin Oranges Fresh Fruit Milk
Choice of Cheese, Pepperoni OR Buffalo Chicken Pizza Green Beans Garden Salad Diced Peaches Frozen Sidekick Milk	14 Sweet Thai Chicken with Rice OR Honey Sriracha Chicken Bowl Glazed Carrots Veggie Boat with Dip Diced Pears Fresh Fruit Milk	15Baked Ziti with Breadstick OR Individual Cheese Pizza Steamed Broccoli Garden Salad Pineapple Tidbits Fresh Fruit Milk	Chicken Tenders OR Spicy Chicken Tenders Mac & Cheese Baked Beans Carrots with dip Applesauce Fresh Fruit Milk	17 Fish Sandwich OR Mozzarella Cheese Sticks with Marinara Sauce Steamed Broccoli Garden Salad Mandarin Oranges Fresh Fruit Milk
MLK Day- No School	21 3, 4 OR 5 Way Chili Spaghetti Kidney Beans, Onions, Shredded Cheese Oyster Crackers Green Beans Garden Salad Diced Pears/Fresh Fruit Milk	22 Two Chicken Drumsticks OR Chicken Patty Mashed Potatoes Corn Broccoli with Dip Pineapple Tidbits Fresh Fruit Milk	Beef OR Chicken Philly Sandwich with Queso and Sautéed Peppers and Onions OR Turkey/Ham Sub Sandwich Waffle Fries Glazed Carrots Applesauce Fresh Fruit Milk	24 Wild Mike's Cheese Bites OR Cheesy Flatbread Marinara Sauce Veggie Boat Mandarin Oranges Fresh Fruit Milk
Corn Dog OR Chicken Patty Sandwich Mac & Cheese Green Beans Veggie Boat with Dip Diced Peaches Frozen Sidekick Milk	28Queso Chicken over Rice OR Beef Enchiladas Salsa, Sour Cream Black Beans, Corn Mexican Salad Diced Pears Fresh Fruit Milk	Salisbury Steak OR Hamburger/Cheeseburger Mashed Potatoes Glazed Carrots Veggie Boat Pineapple Tidbits Fresh Fruit Milk	Pulled Pork OR Pulled Chicken Sandwich Waffle Fries Baked Beans Kale Slaw Applesauce Fresh Fruit Milk	31 Pizza Crunchers OR Individual Cheese Pizza Steamed Broccoli Garden Salad Mandarin Oranges Fresh Fruit Milk

<u>News</u>