



# OCTOBER | 2017

## ST HENRY DISTRICT HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> BEEF OR CHICKEN TERIYAKI DIPPERS STEAMED RICE ASIAN VEGETABLES GARDEN SALLD MANDARIN ORANGES FRESH FRUIT MILK	<b>3</b> CHICKEN NUGGETS CHEESY POTATOES GLAZED CARROTS GARDEN SALAD DINNER ROLL PEARS FRESH FRUIT MILK	<b>4</b> 3, 4, OR 5 WAY CHILI SPAGHETTI BOSCO STICK STEAMED BROCCOLI CARROTS & CELERY W/DIP PINEAPPLE FRESH FRUIT MILK	<b>5</b> CRUSADER BURGER MASHED POTATOES CARROTS W/DIP PEACHES FRESH FRUIT MILK	<b>6</b> SOFT TACO SEASONED RICE BLACK BEANS LETTUCE, SALSA, CHEESE, SOUR CREAM CORN APPLESAUCE FRESH FRUIT MILK
<b>9</b> PEPPERONI OR CHEESE PIZZA WG BAKED CHIPS STEAMED BROCCOLI GARDEN SALAD PEARS FRESH FRUIT MILK	<b>10</b> MANDARIN CHICKEN FRIED RICE ASIAN VEGETABLES CARROTS & CELERY W/DIP GARDEN SALAD PINEAPPLE FRESH FRUIT MILK	<b>11</b> CHICKEN PATTY SANDWICH AU GRATIN POTATOES GLAZED CARROTS APPLESAUCE FRESH FRUIT MILK	<b>12</b> FRENCH BREAD PIZZA TOMATO SOUP CHIPS GARDEN SALAD GREEN BEANS MANDARIN ORANGES FRESH FRUIT MILK	<b>13</b> NO SCHOOL
<b>16</b> CRUSADER BURGER MASHED POTATOES GLAZED CARROTS PEARS FRESH FRUIT MILK	<b>17</b> SWEET THAI CHICKEN ASIAN VEGETABLES FRIED RICE FORTUNE COOKIE GARDEN SALAD MANDARIN ORANGES FRESH FRUIT MILK	<b>18</b> PULLED PORK OR CHICKEN OVEN FRIES COLE SLAW GREEN BEANS CORN BREAD APPLESAUCE FRESH FRUIT MILK	<b>19</b> SPAGHETTI W/MEATSAUCE BOSCO STICK GARDEN SALAD STEAMED BROCCOLI PEACHES FRESH FRUIT MILK	<b>20</b> GRILLED CHEESE OR FISH SANDWICH TOMATO SOUP CHIPS CARROTS W/DIP PINEAPPLE FRESH FRUIT MILK
<b>23</b> CHICKEN PATTY SANDWICH AU GRATIN POTATOES GREEN BEANS PINEAPPLE FRESH FRUIT MILK	<b>24</b> BEEF OR CHICKEN WALKING TACO LETTUCE, SALSA, CHEESE, SOUR CREAM REFRIED BEANS MANDARIN ORANGES FRESH FRUIT MILK	<b>25</b> PIZZA CRUNCHERS MARINARA SAUCE TOMATO SOUP VEGGIE BOAT W/ DIP GARDEN SALAD APPLESAUCE FRESH FRUIT MILK	<b>26</b> CHICKEN TENDERS MASHED POTATOES CORN DINNER ROLL PEACHES FRESH FRUIT MILK	<b>27</b> PEPPERONI OR CHEESE PIZZA STEAMED BROCCOLI GARDEN SALAD WG BAKED CHIPS PEARS FRESH FRUIT MILK
<b>30</b> CONEY OR HOT DOG OVEN ROASTED POTATOES GLAZED CARROTS APPLESAUCE FRESH FRUIT MILK	<b>31</b> HAMBURGER OR CHEESEBURGER OVEN FRIES GREEN BEANS PINEAPPLE FRESH FRUIT MILK			

### News

**A wrap, large salad, specialty bowl or sandwich may be substituted for the main entrée. The entrée may be substituted for that day's main meal and two ½ cups of fruit and vegetables may be added to make a reimbursable meal. Yogurt parfaits, yogurt cups and assorted bagged snacks as well as drinks available daily.**

### **Ala carte charges are not allowed.**

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